

PREVENTING CHILD SEXUAL ABUSE

A look at *The Caregiver Guide*, a resource and tool that helps caregivers be informed and aware of how to keep their children safe from sexual abuse.



WHAT IS CHILD SEXUAL ABUSE?

Child sexual abuse (CSA) is **ANY** interaction between a child and adult (or an older child or a more powerful child) where the child is used for the sexual stimulation of the offender. This includes both touching and non-touching acts (p. 2).

Touching Acts

- fondling
- kissing
- oral, anal, or vaginal sex (p. 2)

Non-Touching Acts

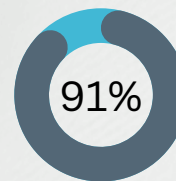
- indecent conversation
- voyeurism (looking at a child's naked body for pleasure)
- exhibitionism (exposing oneself to a child)
- exposing a child to pornography (p. 2)

HOW YOU CAN BEGIN PREVENTING CHILD SEXUAL ABUSE

- Build a safety network of trusted adults (p. 8)
- Call body parts by the correct anatomical names (p. 8)
- Teach kids boundaries and consent at a young age (and keep teaching it!) (p. 8)
- Teach the difference between "secrets" and "surprises" (p. 9)
- Open door policies in home and when visiting other places (p. 9)
- Teach body safety rules (p. 10)
- Learn and identify grooming and red flag behaviors (p. 11-12)
- Promote online safety (p. 13-14)

THE FACTS

Understanding the facts is the first step to preventing child sexual abuse



of children are sexually abused by someone they know and trust (p. 3)



1 in ten North Dakota children will be a victim of sexual abuse by their 18th birthday (p. 3)

92-96%

Of abuse reports made by children are true (p. 3)

Have questions or wish to learn more?

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To download the guide, visit:

www.ndstopcsa.com

For a physical copy of the *Caregiver Guide* please contact Lindsey Burkhardt